

*What does Coaching Excellence mean to you now and where is it taking us in the future?*



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## **Coaching Excellence is the ability help us master change**

*The coaching relationship is the vehicle*

Coaching excellence is the ability to help an individual, group, or organization to master change. People hire coaches because they want a change or are in the midst of a change. What makes coaching a distinct profession, different from the usual vendor/customer relationship, is that the coach and the client together agree to enter into a sacred relationship. Coaching excellence is what happens in the container of that relationship – an open and spontaneous exchange of ideas in an atmosphere of trust.

*Elements of masterful coaching*

In the alchemy of coaching excellence certain elements must be present. These elements combine in the crucibles of clarity, transformation, and results to align the client with their desire.

For clarity we need the elements of curiosity, provocative conversation, and focus.

For transformation we need trust and intimacy, awareness, and presence.

For results we need the perspective of the whole and knowledge of how to work within the whole to use our resources to their best advantage.

Masterful coaching is a path to the next step in our evolution – personally, as a society, and as a planet.

*Coaching skills*

As the speed of change quickens and complexity increases, the skills we attribute to coaching excellence will be required skills for anyone who wants to succeed. In the past, left brain skills such as analysis and the sequential processing of information were paramount. With the advent of computers and globalization, these skills can now be farmed out cheaply and efficiently. Those who succeed in the future will be utilizing the right brain skills of empathy, collaboration, creativity, and intuition – the skills of coaching excellence.

*Coaching excellence in action*

When we get to the source of our thoughts, feelings, and experience we realize the basis underlying change is the unchanging. The unchanging ground of experience is the still point or center point around which events revolve. The unchanging is our

point of power – that point where we make the choice to take a new action.  
Coaching at its best is the vehicle that empowers us to unfold our true potential: not as human beings reaching for the divine, but as divine beings in human form... and what results from that is our collective future in coaching.

