



Walk On Water



## About Walk on Water

Walk on Water: How to Make Change Easier was published in 2005 by the Change Agent Press. Author Lea Belair has a BA in writing from Franconia College and is a Professional Certified Coach, helping individuals and businesses to thrive in change. Her ground breaking book is the basis for an ongoing series of classes - The Distinctions of Mastering Change - at CoachVille [www.coachville.com](http://www.coachville.com), the world's largest online coaching website.

The theme of Walk on Water is that change is becoming more complex and the speed of change is quickening. Belair offers a new approach to success within change as it goes exponential, and describes the shift as "from personal development to personal evolution". In personal development we had a set of tools to help us be more effective in change; now that is not enough. We must be able to make experiments, change our thinking, and take new actions in order to evolve along with the changes.

In addition to being the author of Walk on Water, Lea Belair speaks, teaches, coaches and writes articles on issues that are fundamental to achieving success in change. Her life purpose is to inspire people and organizations to change their orientation to change itself and to achieve a new and alchemical result - leading from the future vs. being held back by the past, or limited by the present.

### The top five benefits of Walking on Water:

**1. You will develop clarity.**

Clarity comes from observing your thinking and your behavior and taking a new and different action based on the awareness of more choices.

**2. You will change your thinking.**

Change your orientation to your challenges and opportunities by changing your perspective.

**3. You will take consistent action.**

Taking action daily overcomes inertia, doubt and obstacles. Engage in activities that will change your experience of yourself, life, and the world.

**4. You will evolve.**

Make your own personal experiments to mitigate the risk of change. Collaborate with your environment to leverage what is available.

**5. You will transcend.**

New dimensions of thought and action become possible when you transcend the field of opposites and experience yourself and the world as whole.